

# Welcome

Thank you for choosing PlusOne Wellbeing and we look forward to seeing you for your appointment.

## **IMPORTANT REMINDER**

If you are booked in for a Post Natal Check, you will need a moderately full bladder.

## **ARRIVAL**

When you arrive, we are the building on the right hand side of the drive way. Please let our receptionist know you have arrived. Our reception will have adequately spaced seating and if necessary you will be asked to wait in your car. In this event we will text or phone you when it is time to come in. There is plenty of off-street parking.

## **COVID - 19**

At this time we have appropriate precautions in place in regards to cleaning and patient safety. We ask if you have any of the following symptoms that you please reschedule your appointment.

If you are unwell and/or any people in your household are unwell with fever, or new respiratory symptoms (fever, shortness of breath, cough, sore throat, loss of smell).

If you have been in contact with a confirmed or probable COVID -19 patient in the last 14 days.

If you have any of the symptoms above please call Healthline 0800 611 116 or contact your GP.

## **CANCELLATIONS**

Please phone 09 481 0680 to make any changes to your appointment time. Where possible please provide 24 hours notice for cancellations, as late cancellation fees may apply. We often have a cancellation list and this allows us to see someone else who may require an appointment. Late cancellations may incur a cancellation fee.

## **CHILDREN**

We have always welcomed children and babies into our clinic and you are still welcome to bring your little ones with you.

